

July-August-September Hikes 2021

Monday Hikes, 3rd Quarter, 2021

NOTE: All hikes meet at 9:30 am, are 5 miles or less in length, offer a relaxed pace and are done by noon, mostly. No dogs, and please be prepared to observe Dave's 4 Covid Rules, at least for now. Children and grandchildren, guests, visitors, and non-members are very welcome.

July

July 5: Trout Lake to Manor House & Figure 8 Trail: Meet at Trout Lake parking lot (1st exit left off Parkway just south of Cone Manor going to Rt. 221 and then take an immediate right, nearly a U turn, onto Shull's Mill Rd going under parkway), and an immediate angling right onto single lane paved access to parking around the lake.

July 12: The Maze and Apple Barn at Cone Manor. Meet at Bass Lake lower parking area, off Rt. 221 just south of Blowing Rock.

July 19: Mountain-to-Sea Trail: Meet at the Raven Rock Overlook, hiking south to Thunder Hill. BRP MP 289.5.

July 26: Flat Top Observation Tower + Cone Memorial. Meet in front of the Carriage House by Cone Manor, BRP MP 294.1.

August

Aug 2: Price Lake plus. Meet at Boat ramp parking area, BRP MP 297. Since this is a short hike, be prepared to hike over to and up a bit of the Tanawha Trail.

Aug 9: Green Knob Trail: This is a short trail with a bit of a climb. Meet at Sims Pond Overlook, BRP MP 295.9.

Aug 16: Trout Lake to Rich Mountain. Meet in parking area of Trout Lake off Shull's Mill Road near BRP Milepost 294.6.

Aug 23: Bass Lake to Cone Manor Loop. Meet at Bass Lake lower parking area off 221 just south of Blowing Rock.

Aug 30: Tanawha Trail to Holloway Mountain Road, and on to an older community cemetery. Meet at boat ramp parking at Price Lake, BRP MP 297.

September

Sept 6 (Labor Day): Carriage Barn to Blowing Rock Stables. Meet at Cone Manor House in front of the Carriage Barn BRP Milepost 294.1.

Sept 13: Trout Lake to Rich Mountain. Meet in parking area of Trout Lake off Shull's Mill Road near BRP Milepost 294.6.

Sept 20: Old John's River Road to Boone Fork and the new MST bridge. Meet at Sim's Pond Overlook, BRP MP 295.9.

Sept 27: Old John's River Road to Price Lake, and a visit to King's marker (maybe). Meet at Sim's Pond Overlook, BRP MP 295.9

Wednesday Hikes 3rd Quarter 2021

JULY

- 7 <u>Carvers Gap to Roan High Knob</u>, 4.7 miles, relatively moderate, past remains of old Cloudland hotel kitchen, footprint of old hotel and to scenic views TN and NC. Hike leader Carol Ann Mitchell 423-772-4280, text iffy 423-957-1207, email <u>camitchell21@gmail.com</u> no dogs.
- 14 **Boone Fork Trail**: Meet at the Price Lake picnic ground near MP 296 on the BRP. 5-mile loop, 4 ½ hrs., containing rivers, rapids, waterfalls, meadows, water crossings (easy-difficult, depending on water levels), and rhododendron tunnels. Includes 2 trail ladders. Rated moderately strenuous. Hiking sticks are suggested. Bring lunch. No dogs. Must be fully vaccinated for COVID-19. Contact hike leader Sheryl McNair at 443-306-9933 or email sammcnair@yahoo.com.

21 - AT From Carvers Gap to Grassy Ridge (Pizza Hike)

Out and back hike, approx 5 miles - 3 hours, rated moderate to strenuous. Spectacular 360 deg. views along part of the AT that crosses the Balds. Trail is rocky in parts with steep slopes in each direction, reaching 6,000 ft. elevations. Meet at Carvers Gap parking area on the NC/TN line at the top of NC 261 / TN 143 or possible carpool from Banner Elk. Optional PIZZA lunch at Smoky Mountain Bakery on the way back. Contact hike leader Mike Lobban: 305-905-7000 / mjlobban@bellsouth.net.

28 - Elk Shoals, New River State Park, Ashe County, NC

4-5 miles round trip through beautiful forest and along the cooling waters of the New River South Fork. We will walk on old and newly restored trails. There will be some ups and downs and exploring structures built by the previous owner the "Methodist Church." Bring hiking sticks, water and lunch. Pace will be slow. No dogs. Contact Hike Leader-Allmuth "Curly" Perzel at 336-982-8591

AUGUST

- 4 Overmountain Victory Trail and AT to Little Hump. Approx 6 miles RT and 1500' elevation gain. Access is Yellow Mountain Gap Trailhead (Drive 4.7 miles up Roaring Gap Road to the end from 19E turnoff between Newland and Elk Park). Trail follows old logging road a short distance to barn site of AT camp, then right with choices to the gap, then on to the Humps on the AT. Plan lunch/snack and linger at top views etc. Call Paul Dickenson at 561-353-8491 for details. BRHC Covid steps.
- 11 **Roan Mountain SP**, Fred Behrend to Moonshiners run via Raven Rocks and Old Forest Road, approximately 8 miles, moderate to difficult with gorgeous section on the ridges. Carol Ann Mitchell leader, <u>camitchell21@gmail.com</u>, 423-772-4280, texting spotty 423 957-1207. No dogs.
- 18 <u>Table Rock and Crest Trail</u> (Linville Gorge) Table Rock and Crest Trail towards Shortoff Mountain: Table Rock is 2 mi. of moderately strenuous hiking round trip up/down. After returning to the parking area, hike the Mountains to Sea trail toward Shortoff Mountain which affords many beautiful views of the Linville Gorge. Stop at "The Amphitheater" for lunch then return. Total hike will be approximately 4-5 mi. Carpool from Christa's Country Corner on Hwy 181, stop in for ICE CREAM on the way home! Contact hike leader Mike Lobban: 305-905-7000 / milobban@bellsouth.net.

25 – TBD – Ken Pruit

SEPTEMBER

- 1 <u>Price Picnic ground to Trout Lake via Rich Mtn.</u> One way hike: first mile on Boone Fk. trail to bridge, then on MST, crossing Shulls Mills Road up steps and hill to Rich Mtn. trail, continuing to top for lunch. Then one mile shortcut back down to Trout Lake Parking. 5 miles total 900 ft elev.gain. Those wanting shorter hike can leave car at Shulls Mills for 2.5 mile, 500' elev.gain. Bring water and lunch. No Dogs. Fully vaccinated hikers only. Call Juin Adams 828-295-9607 for meeting time and Place.
- 8 <u>Blue Trail to Laurel Fork Falls</u>, approximately 5 miles, easy to moderate, fascinating rock formations along river, beautiful falls. Carol Ann Mitchell leader, <u>camitchell21@gmail.com</u>, 423-772-4280, texting spotty 423 957-1207. No dogs.
- 15 Glen Burney Trail, This will be the hike of the year!! New Hike Leaders!!! The trail starts at Annie Cannon Gardens parking lot on Laurel Lane in Blowing Rock. The trail meanders down through a gorge past 3 waterfalls on the New Years Creek. It is 3.2 miles total. Easy going down but the 700 foot elevation change is a good workout coming back up. Hike Leaders John Prickett and Mitch Murray, 828-737-0248 or smpa@att.net. No Dogs, Dave's Covid Rules.

- 22 <u>AT: 19E to big hump</u>, is a lightly trafficked up and back trail located near Elk Park. We will take our time going up through woods, then out on the balds to the top of big hump for spectacular long-range views. 10 miles, 2719 feet elevation. Rated Moderate. We will take it slow. Bring water, stick and lunch. No dogs. Fully vaccinated hikers only. Call Juin Adams 828-295-9607 for meeting time and place.
- 29 <u>Fred Berhren to Raven Rocks</u>, TurkeyTrot finish on Moonshiners Run. Approximately 5+ miles, moderate plus a few hard parts. Hike leader Carol Ann Mitchell 423-772-4280, text iffy 423-957-1207, email <u>camitchell21@gmail.com</u> no dogs.

Friday Hikes, 3rd Quarter, 2021

NOTE: All Friday hikes Meet at 9:30 a.m. at the Clawson-Burnley Park (opposite the Armory) on Hunting Hills Lane by the Boone Greenway to join Dave on these relaxed walks.

Saturday Hikes, 3rd Quarter, 2021

<u>July</u>

- 3 Calloway Peak via Daniel Boone Scout Trail. Meet at the "View Calloway Peak" overlook, located at mile 299.6 of the Blue Ridge Parkway. The hike will proceed along the lovely Upper Boone Fork Trail, rock-hop the Fork before joining the Tanawha to reach the Daniel Boone Scout Trail, and up to Calloway Peak. The total distance is approximately 8 miles, with an elevation gain of 2166 feet. This hike is strenuous. Bring lunch, water, and poles if desired. Contact Wes McNair at mcnairmail@charter.net or 443-949-2818 for more information.
- 10 <u>Tanawha Trail end to end</u>, 13.5 mi. from Beacon Heights to Julian Price Park, ranges from easy to strenuous; about 8 hrs. Net elevation loss is about 800'. Meet at Price Park Boat ramp area. We will spot cars at Beacon Heights. Bring lunch and snacks, plenty of water and hiking sticks. No dogs. Call hike leader Bob Heath at 828-773-0471 for details.
- 17 <u>Hughes Gap to Rhododendron Garden</u> and overlook, 8 miles, moderate, many switchbacks and beautiful views. No dogs. Carol Ann Mitchell leader, <u>camitchell21@gmail.com</u>, 423-772-4280, texting spotty; or phone 423 957-1207.
- 24 <u>Holloway Mtn. Road Parking area to Cold Prong</u> Round trip from Holloway Mtn. Road Parking area to Cold Prong via the Tanawha Trail and possibly on to Boone Fork bridge as trail conditions and hiker desires permit, 4½ 7 miles; rated moderate. No dogs. Call hike leader Bob Heath at 828-773-0471 for details. Dave's 4.
- 31 <u>Price Lake Plus:</u> Easy to moderate hike starting at the Price Lake Picnic Area, Boone Fork trailhead. Hike across BRP to the Lake trail, and then back to Boone Fork trailhead start with the possibility of continuing a bit further on the Boone Fork Trail and then doubling back. Meet at Price Lake Picnic Area at 9:30. Approx. 3.5 mi. and 2 hrs. No dogs. Call Roger Bodo at 828-260-2019.

August

- 7 **Boone Fork Trail**: Meet at the Price Park picnic ground near MP 296 on the BRP. 5-mile loop, 4 ½ hrs., containing rivers, rapids, waterfalls, meadows, water crossings (easy-difficult, depending on water levels), and rhododendron tunnels. Includes 3 trail ladders. Rated moderately strenuous. Hiking sticks are suggested. No dogs. Call hike leader Mike Lobban at 305-905-7000 or mjlobban@bellsouth.net for details.
- 14 <u>Hughes Gap to the overlook at the summit on Iron Mountain</u> with a short descent into a great forest. Approx. 6 mi. Fantastic views from the overlook; the trail runs on or below ridges without switchbacks lovely. Rated moderate. Carol Ann Mitchell leader, camitchell21@gmail.com, 423-772-4280, texting spotty 423 957-1207. No dogs.
- 21 <u>Beacon Heights to Rough Ridge</u>: 5.1 mi. rated moderate (with some rough, rocky areas). Hike through one of the most spectacular sections of the Tanawha Trail. Stopover at the Viaduct Visitor Center, then on to Rough Ridge. We will spot cars at the Beacon Heights parking area. Meet at Rough Ridge Parking area. No dogs. Call Mike Lobban at 305-905-7000 or mjlobban@bellsouth.net for details.
- 28 <u>Crabtree Falls:</u> The hike is located at Crabtree Meadows Campground, mi. 339.5 on the BRP. It's a loop hike, about 4 mi., rated moderate to strenuous. The hike begins with a quick descent to view a 70-foot waterfall. From there, we will go up through some rocky sections, roots, and bridges over wet areas, looping back to the trailhead. Bring water and hiking sticks. No dogs. Call hike leader Bob Heath at 828-773-0471 for details.

September

- 4 <u>Profile Trail to Calloway Peak</u>: 8 miles, 5 6 hrs. Total elevation gain 2,900 ft. The scenic lower part of the trail is moderate, then there is a steady 3.4-mile uphill climb with rocky terrain near Shanty Springs. Much of the trail to Calloway Peak involves clambering up large rocks and boulders. Once there, you will have amazing 360-degree vistas at 5,946' elevation. Rated strenuous experienced hikers only. 3 ladders, one of which is a little tricky. Bring water, snacks, and lunch. Hiking sticks are recommended. Along the way you will find: Foscoe View (2.2 mi.), Profile View (2.8 mi.), Shanty Springs (3.2 mi.) and Calloway Peak at 4 mi.). No dogs. Call hike leader Wes McNair at 443-949-2818 for details.
- 11 **Quarterly Meeting:** Hosts: Mike and Renet Lobban
- 18 **Roan Mountain St. Park: Raven Rocks to Chestnut Ridge** via Old Forest Road, approx. 5 miles, rated difficult and steep, with fantastic view from Raven Rocks. Need to spot vehicles. Carol Ann Mitchell leader, camitchell21@gmail.com, 423-772-4280, texting spotty 423 957-1207. No dogs.
- 25 **Elk Knob:** 3.8 mi. round trip, with 900 ft. gain in elevation. Moderately strenuous. Spectacular views at the summit. The trails are mostly moderate, but steady incline, steep in some places. 2 ½ 3 hrs. No dogs. Call hike leader Bob Heath at 828-773-0471 for hike details.